Cancer Education Series

Glacier Juice and Wellness 103 Ponderosa Ln Kalispell, MT 406-755-8423 www.glacierjuicemt.com



5 Week Cancer Education Series

We are all very excited to share our collective years of knowledge and experience on this topic. The original Wellness Education Center was founded in 2001 by our mentor and colleague Jeanette Cheney to empower and educate clients on how to prevent, support, and heal through natural health principles.

When: 5:30-7:30pm Tuesdays March 5 (no class the 12th), 19, 26, April 2, 9

90 minute lecture with 30 minutes of Q/A

Where: Glacier Juice and Wellness Conference Room or Live/Recorded ZOOM

(Max 25 in person classroom spots- reserve quickly!) www.glacierjuicemt.com

Cost: \$250 per person (if you join and refer a friend \$225, refer 2 friends \$200)

What to bring? Pre-order or come early to purchase a fresh vegetable juice, smoothie, or healthy salad bowl to enjoy during class.

Topics Discussed

- Stop, Drop, and Roll: What any new or long term diagnosis should know and consider!
- Prevention and Reversal: Sometimes they are similar paths. We will discuss some common "root causes" to and how to strengthen your "terrain".
- The Importance of Diet and Detoxification
- How our Thoughts dictate our Wellness and Healing.
- Popular Screening and Monitoring.
- Common Natural Health adjunct therapies to assist in healing from the inside out.
- Naturopathic, psychological, fasting, and conventional treatment approaches.

Dr. Joe Holcomb ND www.bluestonenaturalmedicine.com

Joe will be discussing the research on cancer as a metabolic disease and some new tools he is using to support patients.

Daniel Lowney BS Exercise Science, Certified Precision Nutrition Health Coach, Certified NASM Personal Trainer www.glacierjuicemt.com Daniel will discuss how "Your Body is Your Science", Identifying your "Pieces to the Puzzle", Listening to "Internal Ques". He will discuss his many approaches and tools for clients to create healing change.





