



# Well-being Quantum Pathway

Every small step in lifestyle, nutrition, detoxification, awareness, and electrical balance increases WELL-BEING.. As we increase Wellbeing, we decrease dys-ease and imbalances in the body. This pathway is about a person as a whole and not treating or chasing a dys-ease. The essence of natural healing is about releasing emotions/postures, proper electrical flow, nourishing and detoxifying over 80,000 environmental chemicals that create blockages in the body.

## 1. Find, Reduce, and Remove the Cause of Dys-Ease

- a. Stressors in the body: Stress reactions, lack of awareness, hereditary, mental factors, negative emotional thought patterns, allergies, medications, traumas, perverse energy (frequencies/EMF, XRay, microwave, Excess heat/cold/damp/wind/dry/humidity), smoking, toxins, pathogens, nutrient imbalances (enzymes, water, fatty acids, amino acids, vitamins, oxygen), sensitivities/hyper reactivity/inflammation, spiritual blockages, posture issues, food choices, life style. We must find the "nail in the tire and remove it or detoxify it" to regenerate health.

## 2. Rebuild the organs that have been stressed, destroyed, or exhausted.

- a. Ex. Nutritional habits, Positive Emotions, Homeotherapeutic sarcodes, Detoxification, Glandulars, Herbs, and Quantum Stress Reduction and Muscular Re-Education and training.
  - i. Within 6 weeks of change, we can improve up to 65% of rebuilding the body. The whole body has completely new cells over 7 years when we increase wellbeing.

## 3. Unblock the blockages to the flow of life or energy in the body..

- a. When we efficiently flow electrically throughout and around the body, the body can repair and restore itself. When we nourish the body with minerals we improve electrical flow. This is what Quantum does best through stimulation/balance of the flow of energy, emotional balance, chiropractic, electro-acupuncture, trivector and scalar wave therapies.

## 4. Reduce and Balance with the symptoms of suffering naturally.

- a. Bring balance with frequency, homeotherapeutics, herbs, flower essences, nutrition, emotional balance, lifestyle changes, and adjunct therapies.

## 5. Work on metabolic, nutritional, and constitutional tendencies to patterns, habits, or causes of dys-ease.

### Flow of Dys-Ease

- **Alarm Stage** results from blockages of flow (see 1 above)
- **Adaptation Phase** (Symptom Free functional disturbance of organs)
- **Exhaustion Phase** (Organic physical organ dysfunction, swell/shrink, or inflamed/degenerative.
- **Death** (Cells, Organs, Organ Systems, Total Organism)