

Quantum Biofeedback Brainwave Training ADHD Questions

-please check the boxes that apply to client

- Often has trouble paying attention to close detail, makes mistakes at work, school
- Often has difficulty sustaining attention in tasks or in play activities
- Often does not seem to listen when spoken to directly, attention wanders
- Often does not follow instructions and fails to finish homework or tasks
- Often has difficulty organizing tasks and activities, unable to plan carefully
- Avoids or dislikes tasks that require sustained attention or mental effort
- Often loses or misplaces things needed for tasks such as paper, pencil, calculator
- Is easily distracted by external stimuli, hard to keep focused
- Is often forgetful in daily activities, absentminded
- Often fidgets or squirms with hands feet or body, has difficulty being still or relaxed
- Often leaves seat when required to be seated
- Often has inappropriate behavior and is restless in controlled settings
- Has some difficulty playing quietly or relaxing
- Often talks excessively
- Often blurts out answers before questions have been completed
- Has difficulty waiting in line or waiting for anything
- Often interrupts or intrudes on other, butts into games or conversations
- Cannot express feelings in words
- Repeats words or phrases excessively or repeats activities to excess
- Has this questionnaire given you a headache or made you impatient.